

# YUKON OUTDOORS CLUB

## Leader's Kit

### ***Leader's Forms***

Screening and Registration - 1 per trip  
Release and Indemnity Forms - 1 per participant for each trip  
Trip Checklist and Sign out/ Check in - 1 for each overnight and longer  
Membership - enough for potential members  
Accident report/statements - 1 set

### ***Leader's First Aid Kit (kit available for all YOC trips)***

Adhesive Bandages (a variety of types and sizes)  
Adhesive Tape Antiseptic Towelettes  
Elastic Roller Bandage Gauze Pads  
Latex Gloves Moleskin/Second Skin  
Safety Pins SAM Splint  
Small First Aid Manual Space Blanket  
Sterile Gauze Pad Triangle Bandages  
Tweezers/needle Zip Lock Bags  
Cold packs

### ***Trip Leader's Kit***

Bear spray Map and Compass  
Braided nylon cord Paper and pencil  
Duct tape Pocket knife  
Emergency food (ie. energy bar) Rehydration system (ie. two cans/candles)  
Fire starter Shovel  
First Aid Kit (see above) Signal mirror  
Hot shots Space blanket (+ orange garbage bag)  
Matches/lighter Whistle  
Optional: tarp Wire

### ***Participant's Kit***

Bear spray Medication (Tylenol, aspirin etc)  
Braided nylon cord Pocket knife  
Duct tape Rehydration system (ie. 2 cans/candles)

Emergency food (ie. energy bar) Space blanket (+ orange garbage bag)

Fire starter Suitable clothing (for weather)

First Aid (band aids, Blister kit) Whistle

Matches/lighter

### ***Car Emergency Kit***

flares, candles, flashlight, sleeping bag, shovel, spare tire